



FAIRWINDS

WEST HILLS

Hours of Service

Breakfast: 7:30 - 10:30

Lunch: 11:30 - 1:30

Dinner: 4:30 - 7:00

*SUNSHINE BREAKFAST

2 eggs, potatoes, toast
choice of bacon or sausage

OMELET YOUR WAY

choose 3: cheddar, spinach, ham, onion
bell peppers, mushrooms, sausage

AVOCADO TOAST

rustic sourdough, tomato
parmesan + sunny-side egg

PARFAIT

greek yogurt, berries
almonds

OATMEAL

brown sugar, raisins + milk

BLINTZES (2)

sour cream + apple sauce

LOX PLATE

only on Fridays

PrimeFit Wellness Special

BLUEBERRY PANCAKES

blueberry meyer lemon compote

SIDE SALADS

WEST HILLS MIXED GREEN SALAD

local greens, dandelions, garbanzo beans
beats, tomato + citrus vinaigrette

CRISP ICEBERG SALAD

cabbage, shredded carrots, croutons
avocado ranch dressing

ENTRÉE SALADS

GRILLED CHICKEN ASIAN SALAD

local greens, grilled pineapple, mandarin
orange, pecans + sesame dressing

COBB SALAD

local greens, cucumber, salmon, egg
bacon, tomato + dill blue cheese

SOUPS

CHICKEN NOODLE SOUP

SOUP OF THE DAY

ask your server about today's selection

ENTRÉES

THE ULTIMATE BURGER

*BEEF, CHICKEN, OR VEGGIE PATTY

brioche bun, tomato, caramelized onion
lettuce, dill pickle + garlic aioli

HERBED SALMON

choice of grilled or poached
mashed potato + herb carrots

BUCATINI TUSCAN POMIDORO

basil, tomato, roasted garlic
parsley + parmesan

TENDERLOIN OF BEEF

garlic butter sauce
mashed potato + herb carrots

ALOHA GRILLED CHICKEN BREAST

teriyaki sauce + grilled pineapple

DESSERT OF THE DAY

ask your server about today's selection

SIDES

SEASONAL
VEGETABLES

SEASONAL
COLESLAW

FRIES

DAILY
STARCH

FAVA
BEANS

* The health department advises that consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness. Menu items may contain nuts and other allergens. Please let us know if you are allergic to any food items