

### **Hours of Service**

### **BREAKFAST**

## **\*SUNSHINE BREAKFAST**

2 eggs, potatoes, toast choice of ham, bacon, or sausage

## **PARFAIT**

greek yogurt, berries almonds + granola

## **OMELET**

choose 3: cheddar, mushroom, ham onion, peppers, spinach, or sausage

#### **AVOCADO TOAST**

sourdough, marinated tomato parmesan + sunny-side egg

#### **FRENCH TOAST**

brioche bread + apple compote

## OATMEAL OR CREAM OF WHEAT

brown sugar, raisins + milk

# PrimeFit Wellness Special GRILLED SALMON & AVOCADO SALAD

spinach, pickled red onion, avocado, feta cheese, cucumber, tomato + lemon vinaigrette

### **SIDE SALADS**

#### **GARDEN SALAD**

greens, cucumber, carrots tomato + choice of dressing

#### **CAESAR SALAD**

romaine, parmesan herb croutons + caesar dressing

## **ENTRÉE SALADS**

## **CHICKEN B.L.T. SALAD**

romaine, bacon, avocado, tomato croutons, pickled onion + ranch dressing

## **SOUPS**

## **SOUP OF THE DAY**

ask your server about today's selection

#### **DESSERT OF THE DAY**

ask your server about today's selection

## **ENTRÉES**

## BURGER \*BEEF, CHICKEN, OR VEGGIE PATTY

brioche bun, arugula, caramelized onion tomato, dill pickle + roasted garlic aioli

#### **BETWEEN THE LOAF**

turkey, honey ham, roast beef, pastrami bacon, lettuce, tomato, onion, mayo mustard, sauerkraut + thousand island choice of bread

## **GRILLED SALMON**

mashed potatoes + seasonal vegetables

### **CHICKEN QUESADILLA**

flour or corn tortilla cheese, green chilies + fire roasted salsa

## **CHICKEN TENDERS**

carrots, celery + choice of dressing

### **MEATLOAF**

mashed potatoes + veggies

### **SIDES**

SEASONAL FRESH SWEET MASHED BUTTERED VEGETABLES FRUIT POTATO FRIES POTATOES NOODLES

<sup>\*</sup> The health department advices that consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness. Menu items may contain nuts and other allergens. Please let us know if you are allergic to any food items