



FAIRWINDS

BRITTANY PARK

Hours of Service

Lunch: 11:30 - 1:00

Dinner: 4:00 - 6:00

BREAKFAST OPTIONS

SCRAMBLED EGGS (GF)

hashbrowns + fruit skewer

choose 3: bacon, sausage, ham, onion, broccoli

mushrooms, spinach, tomato, peppers

parmesan, swiss, or cheddar

BREAKFAST CROISSANT

sausage patty, fried egg, cheddar + swiss

STARTER SALADS

CAESAR, GARDEN, OR CRUDITÉ

add grilled chicken, plant-based beef, or seared shrimp for a main course option

ENTRÉE SALADS

BOOSTER SALAD (GF)

spring mix, beets, broccoli, sweet peppers

avocado, tomatoes, carrots, celery

toasted almonds + reduced fat italian dressing

COBB SALAD (GF)

romaine, iceberg, bacon, chicken breast

hard boiled eggs, blue cheese + house dressing

GARDEN SALAD (GF)

iceberg, spring mix, spinach, apples, peas

tomatoes, cucumber, carrots, asiago + ranch

PrimeFit Wellness Special (GF)

egg whites, spinach, plant based pork, broccoli + fruit skewer

ENTRÉES

each entrée comes with two sides

plant-based pork and beef available

CHICKEN CUTLET (GF)

breaded chicken, prosciutto

sage + lemon butter

WILD RED SHRIMP FRA DIAVOLO (GF)

fire roasted red pepper, garlic

basil + red chili flakes

CHEESE RAVIOLI

goat cheese, spinach + garlic marinara

GRILLED LAMB RACK (GF)

marinated with thyme, rosemary + garlic

ULTIMATE BURGER (GF BUN AVAILABLE)

***BEEF, CHICKEN, TURKEY OR VEGGIE PATTY**

brioche bun, lettuce, white cheddar

tomato, dill pickle + horseradish mayo

SIDES

SEASONAL
VEGETABLES

STEAMED
SPINACH

BROWN
RICE PILAF

MASHED
POTATOES

BAKED
GARNET YAM

* The health department advises that consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness. Menu items may contain nuts and other allergens. Please let us know if you are allergic to any food items