

Hours of Service

BREAKFAST

***EARLY RISER**

2 eggs, hashbrowns, toast choice of bacon or sausage patty

BUTTERMILK PANCAKES

plain or blueberry

PARFAIT

greek yogurt, granola raisins, craisins + honey

WAKE UP BREAKFAST SANDWICH

toasted english muffin, fried egg sausage patty + american cheese

OMELET

choose 3: cheddar, ham, onion tomato, bell peppers, mushroom hashbrowns + toast

CHOICE OF CEREALS

cheerios • raisin bran • granola or oatmeal with raisins, milk + brown sugar

PrimeFit Wellness Special

FALAFEL

tzatziki, hummus, pita bread + horiatiki salad

SIDE SALADS

HOUSE SALAD

romaine, cherry tomatoes, carrots cucumber + kalamata olives

CAESAR SALAD

romaine, parmesan, lemon croutons + caesar dressing

RENDEZVOUS SALAD

watermelon, feta, basil, mint lime-honey vinaigrette

ENTRÉE SALADS

CAESAR SALAD

romaine, parmesan, lemon croutons + caesar dressing

CHEF SALAD

romaine, smoked chicken, ham, swiss cheese cucumber, cherry tomatoes + hard-boiled egg

SOUPS

SOUP OF THE DAY

ask your server about today's selection

ENTRÉES

FBC BURGER *BEEF, CHICKEN, OR VEGGIE PATTY

brioche bun, lettuce, red onion tomato, dill pickle + mayo

ROASTED STEELHEAD

lemon-dill butter, mashed potatoes + green beans

CAPRESE PASTA

angel hair pasta, cherry tomatoes, garlic mozzarella, basil + olive oil

STEAK FRITES

new york cut + parmesan truffle fries

MEATLOAF

mashed potatoes + stewed tomatoes

CHICKEN PICATTA + PASTA

chicken breast, lemon, capers white wine + butter

DESSERT OF THE DAY

ask your server about today's selection

		<u>SIDES</u>		
BAKED SWEET	CORN	BAKED	SAUTEÉD	BUTTERED
POTATO	O'BRIAN	POTATO	SPINACH	PASTA

^{*} The health department advices that consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness. Menu items may contain nuts and other allergens. Please let us know if you are allergic to any food items