

Hours of Service

Breakfast: 7:30 - 10:30

Lunch: 11:30 - 1:30

Dinner: 4:30 - 7:00

BREAKFAST

***SUNSHINE BREAKFAST - \$5/3**

2 eggs, potatoes, toast choice of ham, bacon, or sausage

AVOCADO TOAST - \$6 sourdough, marinated tomato parmesan + sunny-side egg **PARFAIT - \$5** greek yogurt, berries almonds + granola

FRENCH TOAST - \$6 brioche bread + apple compote **OMELET - \$6/4** choose 3: cheddar, mushroom, ham onion, peppers, spinach, or sausage

> OATMEAL OR CREAM OF WHEAT - \$2 brown sugar, raisins + milk

PrimeFit Wellness Special GRILLED SALMON & AVOCADO SALAD - \$14

spinach, pickled red onion, avocado, feta cheese, cucumber, tomato + lemon vinaigrette

SIDE SALADS

GARDEN SALAD - \$4 greens, cucumber, carrots tomato + choice of dressing

CAESAR SALAD - \$4 romaine, parmesan herb croutons + caesar dressing

ENTRÉE SALADS

CHICKEN B.L.T. SALAD - \$10

romaine, bacon, avocado, tomato croutons, pickled onion + ranch dressing

CHINESE CHICKEN SALAD - \$10

mixed greens, noodles, carrots, celery, mushrooms mandarin oranges, cashews + crispy wontons

<u>SOUPS</u>

SOUP OF THE DAY - \$5/3 ask your server about today's selection

DESSERT OF THE DAY

ask your server about today's selection

<u>ENTRÉES</u>

DESERT POINT BURGER *BEEF, CHICKEN, OR VEGGIE PATTY - \$9 brioche bun, arugula, caramelized onion

tomato, dill pickle + roasted garlic aioli **QUESADILLA - \$6**

flour or corn tortilla cheese, green chilies + fire roasted salsa add beef or chicken \$4

BETWEEN THE LOAF - \$7/5

turkey, honey ham, roast beef, pastrami, bacon corned beef, lettuce, tomato, onion, mayo mustard, sauerkraut + thousand island choice of bread

CHICKEN WINGS/TENDERS - \$7/5

carrots, celery + choice of dressing

GRILLED SALMON - \$16

rice pilaf + seasonal vegetables

GRILLED SIRLOIN - \$14 choice of 2 sides

<u>SIDES - \$1</u>				
SEASONAL	FRESH FRUIT	SWEET	MASHED	BUTTERED
VEGETABLES		POTATO FRIES	POTATOES	NOODLES

* The health department advices that consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness. Menu items may contain nuts and other allergens. Please let us know if you are allergic to any food items