

# EMPRESS

## SENIOR LIVING

### HOURS OF SERVICE

Breakfast: 7:30 - 9:00

Lunch: 11:30 - 1:00

Dinner: 4:00 - 6:00

### FRENCH TOAST

eggs, bacon, whipped cream

### AVOCADO TOAST

egg, tomato, parmesan  
tomato salad + chimichurri sauce

### EMPRESS PARFAIT

greek yogurt, fruit + granola

### \*COMPLETE BREAKFAST

2 eggs, hashbrowns, toast  
choice of bacon or sausage

### OMELET YOUR WAY

choose 3: cheddar, spinach, ham  
onion, peppers, mushrooms, sausage

### PRIMEFIT WELLNESS SPECIAL

#### HARVEST SALAD

butternut squash, beets, farro, red beans, carrots + white balsamic vinaigrette

### SALADS

#### HOUSE

local greens, cherry tomato, cucumber  
carrots, red onions + italian dressing

#### CAESAR

romaine, croutons, parmesan  
house caesar dressing

#### PEAR

local greens, bacon, blue cheese  
tomato, onion + dijon honey vinaigrette

### SOUPS

#### SOUP OF THE DAY

ask your server about today's option  
cup/bowl

### ENTRÉES

#### THE EMPRESS BURGER

##### \*BEEF OR CHICKEN

brioche bun, tomato, red onion  
lettuce, dill pickle + garlic aioli

#### SEARED SALMON

jasmine rice, stir fry vegetables  
orange ginger glaze

#### ORZO

tomato basil sauce  
shaved parmesan + garlic crostini

#### MEATLOAF

rosemary mashed potatoes  
seasonal vegetables + garlic butter

#### FISH N' CHIPS

### SIDES

FRESH  
FRUIT

MIXED  
VEGETABLES

FRIES

WHITE  
RICE

ROSEMARY  
POTATOES

\* The health department advises that consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness. Menu items may contain nuts and other allergens. Please let us know if you are allergic to any food items